Tips for driving safely in winter

Many winter traffic accidents occur as a result of limited visibility by snowfall as well as frozen and snowy road surfaces. Know the safety points for winter driving and utilize them for safe driving.



•Hazards in and around traffic intersections

Due to car engine's heat, the ice and snow in intersections is melted into water, creating particularly slippery conditions Don't let your guard down just because the snow is melting.



Take care with sudden braking

Due to sudden braking on the surface of compacted snow and ice, water droplets can be formed by frictional heat between roads and tires, creating a slippery surface.

•Take care on rutted roads

Rutted roads can be slippery

50

Check

Take care on uneven surfaces with hard-to-see bumps

Cars can be caused to spin or skid when force is applied from various directions by bumps.

Bridge hazards

Since bridges are cooled from both surfaces (top and underneath), roads may be frozen on the bridge surface, even when roads before bridges are dry.

•Tunnel entrance and exit hazards

Due to lack of direct sunlight, the road surface ices easily in tunnels, forming black ice.

Before You depart

Plan your drive carefully!

- Give vourself plenty of time to reach your destination before dark.
- Inform those at your destination of your planned arrival time in advance. Check the weather and road conditions to your destination by Internet and telephone
- In poor weather conditions, especially heavy / drifting snow, consider either changing departure times / dates or using public transportation.

Check the following carefully!

- Ensure you have enough fuel, battery power, and windshield washer fluid. Check the condition of winter road equipment such as tire chains,
- traction ropes, booster cables, and shovels.
- In case of emergency, carry extra food, water and blankets / warm clothes. Ensure that cell phone batteries are fully charged. Carrying a spare battery is also useful

Weather conditions can be checked en route!

While on the road use the VICS and road information board regularly to obtain real time road weather reports for your destination In poor weather conditions, take time to rest and use your cell phone to check Weather Reports

Road Information Board



Road surface conditions



Black ice The road looks wet, but the "wetness" is actually a treacherous film of ice



Granular snow When slush is disturbed by pedistrians and vehicles,

it becomes granular.

Humps



It's unclear why, but icy humps sometimes form on the road. It's called "abacus road," because the humps look like the beards of an abacus



lce Snow that thaws on the road surface refreezes and is buffed by the actions of pedestrians and vehicles. This causes the emergence of roads that are as slippery as a skating rink.

Sapporo Winter Life Promotion Council

Don't get out of your car!

Only exit the car if in sight of an evacuation point or area where Emergency rescue personnel can be reached. In blizzards if you become separated from your car, there is a risk of losing your positioning relative to the vehicle. The risk of collision by vehicles approaching from behind exists, so be vigilant.

While waiting for rescue



Flash your hazard lights and set up a stop display panel and bright-colored flags in prominent places for approaching vehicles to slow down. When calling police, fire rescue, and road service, give them as much information as possible about your location

Be aware of the location makers posted every kilometer on the highway.

Consultation: Howakai Medical Corporation, Howakai Hospital Sapporo, Diagnosis and Treatment Director/Hospital Director, Kazuhisa Mori

Keep Warn

at all Times

Change out of wet clothes into the warmest cold weather wear available to keep your body temperature high. Take care for falling body temperatures and frostbite

Be vigilant of engine fumes, which cause carbon monoxide poisoning.

The followings are symptoms of Hypothermia (falling body temperature).

Shivering and teeth chattering are the First Symptoms of Hypothermia.

With a further decrease in body temperature, shivering will cease and you will experience symptoms such as

- Slowed Reaction Time, Absentmindedness, and Impaired Judgment.
- With the onset of Frostbite, you will experience a cooling and hardening of the extremities (feet and hands) and a dulling of the nerves there.

To prevent the onset of Hypothermia and Frostbite, wrap up warmly in blankets and drink warm liquids. Rescue may take some time. Be aware of the fuel level and battery level while occasionally running the engine to heat up the car.

Ensure the exhaust pipe is free from snow to prevent fumes from entering the car. These fumes can lead to Loss of Consciousness as a result of Carbon Monoxide Poisoning. Open the windows slightly to allow exhaust fumes to escape and periodically clear the snow from around your car's muffler.

If you fall behind on the clearing of snow and there is a risk of fumes entering the car, switch the engine off, stay inside the car, and wrap yourself warmly in blankets or warm clothes until rescuers arrive. If there is more than one passenger, take turns sleeping. Make sure there is always somebody awake to keep vigil and await Rescuers.



[Highway Rest Areas "Michi no Eki"]

se sure to

clear snow

and circulate he air

The highway rest areas "Michi-no-Eki" are available 24 hours with basic facilities, including Parking, Toilets, and Telephones.

Some also have shops and cafeterias. Additionally, road condition information, road camera images, and weather information are

available for viewing. Please use these facilities whenever you need a rest on the road or whenever you feel you may have car trouble.



If in need of rescue

If a car gets stuck or stalls



Hokkaido Regional Development Bureau Ministry of Land, Infrastructure, Transport and Tourism, Japan

2022

Information on Accidents and Weather

Emergency numbers			
Police / Ambulance and Fire	110/119		
Weather information			
Japan Meteological Agency (Sapporo District Meteorological Observatory Announcement)	177 (Weather forecast "dial 177 after the area code")		
Emergency Medical Care			
Hokkadio Emergency Medical Treatment Information Center	Toll free 0120-208-699 (011-221-8699)		
Car Breakdown / Mechanical problems			
JAF Road Service Emergency Call	Region free, 24 hours, all year around 0570-00-8139 This is a chargeable call (11 yen per minute from a landline, 11 yen per 20 seconds from a cell phone). Not accessible from some IP phones.		
JAF Hokkaido Call Center	If you can't get through, call the following number. 011-857-8139		

Hokkaido Regional Development Bureau "Hokkaido Regional Road Information"





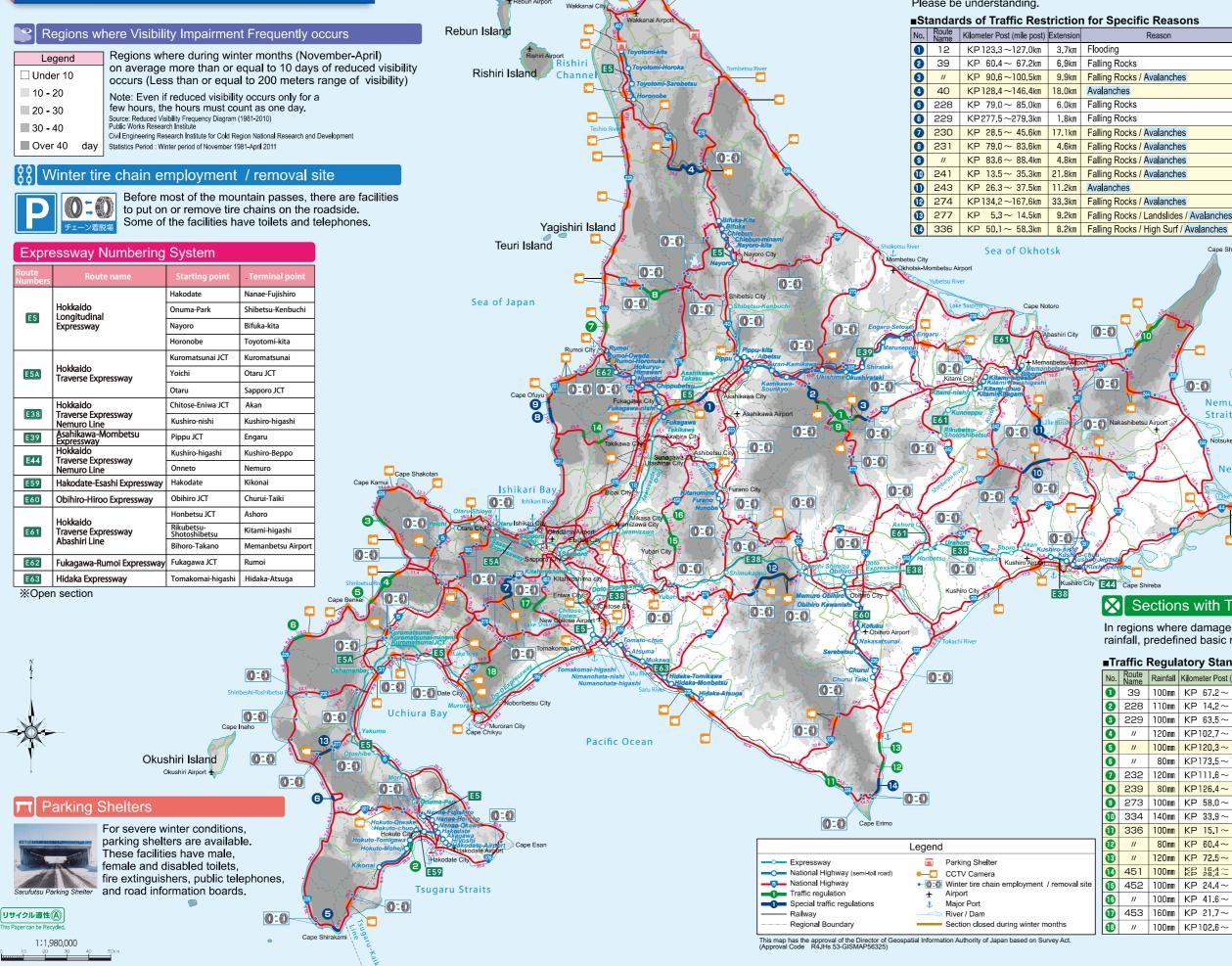
Soya Straits

Sova

Cape Nosha

Sections with Special Traffic Regulations

In this section, advance traffic regulations may be applied by patrols due to dangerous weather and local conditions. The roads will be temporarily closed in heavy rain and similar conditions for disaster prevention. Please be understanding.





Sections with Traffic Regulations

In regions where damage may occur due to abnormal weather such as heavy rainfall, predefined basic regulations will certainly be Implemented.

■Traffic Regulatory Standards

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Rainfall	Kilometer Post (mile post)	Extension	Reason
100mm	KP 67.2∼ 86.3km	19.2km	Landslides / Falling Rocks
110mm	KP 14.2~ 16.5km	2.3km	Falling Rocks / Collapses
100mm	KP 63.5∼ 68.7km	5.2km	Falling Rocks / Collapses / High Surf
120mm	KP102.7~114.3km	11.6km	Falling Rocks
100mm	KP120.3~122.6km	2.3km	Falling Rocks / Avalanches
80mm	KP173.5~179.6km	6.1km	Collapses
120mm	KP111.6~116.5km	4.9km	Collapses
80mm	KP126.4~145.0km	18.6km	Falling Rocks / Landslides / Avalanches
100mm	KP 58.0~ 70.0km	12.0km	Falling Rocks / River Flooding
140mm	KP 33.9~ 51.6km	17.7km	Falling Rocks / Collapses
100mm	KP 15.1∼ 23.2km	8.0km	Falling Rocks / Avalanches
80mm	KP 60.4~ 72.0km	11.6km	Falling Rocks / Collapses / High Surf / Avalanches
120mm	KP 72.5~ 79.0km	6.5km	Falling Rocks / Collapses / High Surf / Avalanches
100mm	KP 16.4~ 18.4km KP 28.4~ 31.4mm	5.0km	Falling Rocks / Collapses / Avalanches / Landslides
100mm	KP 24.4∼ 34.4km	10.0km	Falling Rocks / Collapses
100mm	KP 41.6∼ 43.6km	2.0km	Collapses
160mm	KP 21.7~ 33.7km	12.0km	Falling Rocks / Collapses
100mm	KP102.6~103.6km	1.0km	Falling Rocks / Collapses